Frequently Asked Questions

How are services determined?
A trained clinician recommends treatment services based on an assessment with the individual.

Who is appropriate for services?
IMT programs provide treatment services for adults who are assessed with a a moderate to severe methamphetamine use disorder and who require 24-hour structure and support due to the imminent risk for relapse. These individuals will benefit from an extended period of treatment to allow for brain recovery and recovery of cognitive capacity.

Where can I receive these services?
Current IMT providers include the following:

- Carroll Institute in Sioux Falls
- Glory House in Sioux Falls
- Dakota Counseling Institute -Stepping Stones in Mitchell
- Keystone Outreach in Sioux Falls
- Pennington County Sheriff's Office - Addiction Treatment Services in Rapid City
- Rosebud Sioux Tribe Treatment Program in Rosebud
- Avera Addiction Care Center in Aberdeen

How are services funded?
A variety of funding options are available for an individual who is assessed as needing treatment services. Funding options include the following:

- Insurance
- Private pay
- Other 3rd party payers
- Combination of state and federal funding
- Medicaid

Contact Us

This information is accurate as of the date it was printed. For questions of more information, please contact the Division of Behavioral Health online at dss.sd.gov/behavioralhealth, by phone at 855.878.6057 or by email at DSSBH@state.sd.us.

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South Dakota Intensive Methamphetamine Treatment Services



South Dakota Department of Social Services



How do I find help?

1. Contact a local treatment provider
2. A trained clinician completes an assessment
3. The individual is recommended and referred to services

Resources for Local Treatment Providers

SAMHSA Treatment Locator - findtreatment.samhsa.gov

DSS - dss.sd.gov/behavioralhealth/agencycounty.aspx

Intensive Methamphetamine Treatment Services

Intensive Methamphetamine Treatment (IMT) services offer long-term, evidence-based programming to individuals with moderate to severe methamphetamine use disorders. Individuals receiving IMT services require extended treatment to allow for recovery of cognitive capacity as well as on-going case management. Treatment may include residential services, outpatient treatment and case management to support long-term recovery.

What to Expect

Individuals attend a minimum of three group sessions per week in addition to individual sessions, family sessions and case management as clinically appropriate.

Programming Provided

Best practices for the treatment of severe methamphetamine disorders includes a combination of Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), Contingency Management and community reinforcement approaches. The core curriculum used is the Matrix Model, which includes the above approaches.

Matrix Model

The Matrix Model includes eight topic sessions on early recovery, 32 sessions covering relapse prevention, 12 sessions of family education, involvement in 12-Step or self-help programs and continuing care services. The core curriculum is 16 weeks in length. Clients will participate in continuing care services and 12-Step or self-help programs following the completion of the core programming to continue to establish a healthy recovery program.

Additional Services

Clients will be assessed for additional services including mental health counseling such as Dialectical Behavior Therapy (DBT), medication management, case management and criminal thinking programming.