Substance Use Disorder Treatment Services in South Dakota



SD BEHAVIORAL HEALTH

Department of Social Services

Substance Use Disorder Services

The Division of Behavioral Health contracts with substance use disorder agencies across the state to provide quality services to both adults and youth. These services include screenings and assessments, early interventions, withdrawal management, outpatient, and inpatient treatment. Financial assistance is available for these services.

What is a substance use disorder?

A substance use disorder is a disease that occurs when the recurrent use of alcohol and/or drugs causes clinically significant impairments. Impairments may include health problems, disability and failure to meet major responsibilities at work, school, or home. A substance use disorder involves patterns of symptoms caused by using a substance that an individual continues taking despite its negative effects.

How Services are Funded

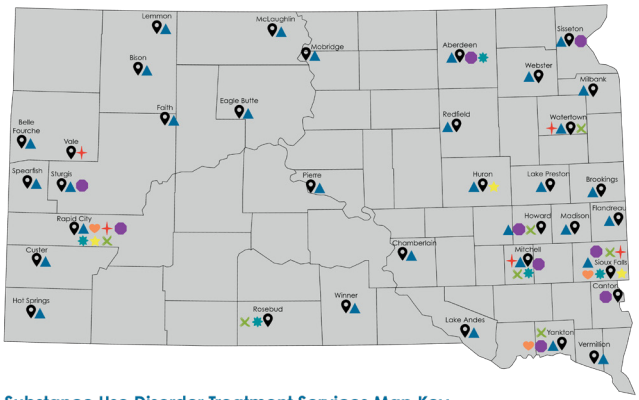
A variety of funding options are available for an individual who is assessed as needing services. Funding options include the following:

- Insurance
- Private pay
- Other 3rd party payers
- Medicaid
- Combination of state and federal funding

How do I find help?

1. Contact a local treatment provider to get started.
2. An addiction professional will complete an assessment to understand your needs.
3. You will receive recommendations for appropriate services and support.

Treatment Providers



Substance Use Disorder Treatment Services Map Key

- Outpatient
- Low Intensity Residential
- Adult Inpatient
- Youth Inpatient
- Detoxification
- Intensive Methamphetamine Treatment
- Pregnant Women and Women with Dependent Children

There may be multiple substance use disorder agencies providing services in your community. To find an agency in your area, please visit one of the websites or scan the QR code.

- SAMHSA Treatment Locator - FindTreatment.gov
- South Dakota DSS - DSS.sd.gov/BehavioralHealth/AgencyCounty.aspx

On this web page, you can also find a list of agencies offering walk-in assessments and telehealth providers.

If you or a loved one are experiencing a behavioral health crisis, call, text, or chat 988.

What is an assessment?

The first step in accessing substance use disorder (SUD) services is to contact a local treatment provider and schedule an assessment.

During the assessment, an addiction professional will work with you to identify the services that best meet your needs. This process includes reviewing your substance use and how it may be affecting your daily life. Information gathered typically includes basic identifying details, prior treatment history, and patterns of substance use. Important life areas such as physical and mental health, legal matters, finances, employment, and other relevant factors may also be discussed. With your permission, additional information may be requested from loved ones, medical professionals, or others who can support the assessment and treatment planning process.

The clinician will use DSM-5 criteria to determine whether you meet the criteria for a substance use disorder. Based on the assessment, the clinician will recommend an appropriate level of care using the American Society for Addiction Medicine (ASAM) criteria. The clinician will explain the recommendations to you, answer your questions, and help you take the next steps in getting the services and support you need.





Outpatient Treatment Services

Outpatient treatment services are non-residential services providing individual and group counseling to individuals diagnosed with substance use disorders. Early intervention services are also available on an outpatient basis for individuals who have concerns about their substance use but have not been diagnosed with a substance use disorder. Services can be delivered via telehealth.

Day Treatment Services

Day treatment is a structured intensive treatment program for adults diagnosed with a substance use disorder. Services may include a residential component.

Detoxification/ Withdrawal Management Services

Withdrawal management services (also known as detoxification services) are residential programs with credentialed staff providing 24-hour supervision, observation, and support for individuals who are intoxicated or experiencing withdrawal symptoms. Individuals are encouraged to engage in further treatment services after stabilizing withdrawal symptoms.

Low Intensity Residential Treatment Services

Low intensity residential treatment services are residential treatment programs for adults diagnosed with a substance use disorder whose living situation or recovery environment is not supportive of recovery. Low intensity residential treatment programs include individual and group substance use disorder counseling along with case management services to prepare individuals for a successful transition into the community following treatment.

Individuals who are recommended for low intensity residential treatment services may be given a start date or be put on a waitlist if a bed is not immediately available. The individual will also be provided with details of their upcoming treatment stay.

Pregnant Women and Women with Dependent Children Program (PPW)

The pregnant women and women with dependent children program is a specialized treatment program offering evidence-based programming for women who are pregnant or have dependent children and have been diagnosed with a substance use disorder.

This program allows for long-term support, including a stable living environment during the treatment episode. While engaged in this type of treatment, women are supported in psychiatric and medical care, childcare needs, parent education and child development education, employment services, job training, and treatment interventions.

Wraparound services are available to help the the woman and her family successfully transition back into their home community following treatment.



Inpatient Treatment

Inpatient treatment services provide residential care with medically monitored intensive treatment for adults with severe substance use disorders.

Not all individuals who have been diagnosed with a substance use disorder require inpatient treatment. For many individuals, receiving treatment in their home community allows them to continue working, attend school, maintain important relationships, and access a range of supportive services.

Inpatient treatment services require prior authorization; an addiction professional will submit the necessary documentation and work to coordinate a bed date for the individual if the prior authorization is approved.

Individuals will reside at the treatment facility during their treatment episode and will receive a combination of individual, group, or family counseling. Individuals will participate in a minimum of 30 hours of services per week with 9 of those hours being on specialized topics that address their specific needs.

Psychiatric Residential Treatment Facilities (PRTFs) for Adolescents

Psychiatric residential treatment facilities (PRTFs) provide residential treatment with medically monitored intensive treatment for adolescents with severe substance use disorders. This program offers individuals at least 15 hours per week of any combination of individual, group, or family counseling. A typical length of stay ranges from 30-45 days.

PRTF services require prior authorization; an addiction professional will submit the necessary documentation and work to coordinate a bed date for the individual if prior authorization is approved. Many adolescents who meet the eligibility criteria for this service have access to Medicaid funding, however, funding options will be explored during the application process.



Intensive Methamphetamine Treatment Services

Intensive Methamphetamine Treatment (IMT) services offer long-term, evidence-based programming to individuals with severe methamphetamine use disorders. Individuals receiving IMT services require extended treatment to allow for recovery of cognitive capacity as well as on-going case management. Treatment may include residential services, outpatient treatment, and case management to support long-term recovery.

Individuals attend a minimum of three group sessions per week in addition to individual sessions, family sessions, and case management as clinically appropriate.

Best practices for the treatment of severe methamphetamine disorders includes a combination of Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), Contingency Management, and community reinforcement approaches. The core curriculum used is the Matrix Model, which includes the above approaches.

The Matrix model includes sessions on early recovery, recovery planning, family education, involvement in 12-Step or self-help programs, and continuing care services. Individuals will participate in continuing care services and 12-Step or self-help programs following the completion of the core programming to continue to establish a healthy recovery program.

Individuals will be assessed for additional services including mental health counseling such as Dialectical Behavior Therapy (DBT), medication management, case management and criminal thinking programming.

IMT programs provide treatment services for adults who are assessed with a moderate to severe methamphetamine use disorder and will benefit from an extended period of treatment to allow for recovery of the brain and cognitive capacity. Some individuals may require 24-hour structure and support due to imminent risk of relapse and the impact of substance use.



Contact Us

This information is accurate as of the date it was printed. For questions or more information, please contact the Division of Behavioral Health online at DSS.sd.gov/BehavioralHealth, by phone at 855.878.6057 or by email at DSSBH@state.sd.us.

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